



BONE AND BODY HEALTHSCAN

BONE DENSITY AND BODY COMPOSITION

info@boneandbodyhealth.com.au

BMD DEXA, BODY COMPOSITION & SARCOPENIA REFERRAL

Date: / /

Time of Appointment:

124-126 Camberwell Road, Hawthorn East 3123

ALL APPOINTMENTS Ph: (03) 9041 6633

Name:

Date of Birth:

Gender:

Address:

Telephone:

Med. No.

REQUEST FOR:

CLINICAL NOTES:

REFERRING DOCTOR'S DETAILS:

Female patients: is there any chance the patient may be pregnant?

Yes No

DOCTOR'S SIGNATURE:

DATE:

COPIES TO:

PATIENT CATEGORY:

RESULTS:

- Bulk Bill
- Pension
- Private
- VET/Aff

- Electronic report
- Telephone report
- Films & report to patient
- Facsimile report

MEDICARE ELIGIBLE REBATEABLE ITEMS

- Patients over the age of 70
- Osteoporosis/Osteopenia Previously Diagnosed
- Known Fracture(s) with minimal trauma
- Hyperparathyroidism
- Hyperthyroidism
- Chronic Liver Disease
- Chronic Renal
- Vitamin D Deficiency
- Anorexia with amenorrhea
- Post significant change in drug therapy for the treatment of low BMD (but not the cessation of therapy)

- Cystic Fibrosis
- Rheumatoid Arthritis
- Female Hypogonadism Lasting more than 6 months before the age of 45
- Corticosteroid (steroid)Therapy (Oral, Inhaled or Topical)
- Male Hypogonadism
- Cushing's/Turners syndrome
- Malabsorption (increased faecal fat, proven coeliac disease, low vitamin D)

Other _____ (if not Medicare indicated)



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Instructions for your BMD DEXA or Body Composition Scan

You will be asked whether you have ever had a Bone Mineral Density Scan Before, and any previous scan and locations should be mentioned. Wherever possible, (unless requested by your doctor) a scan should be repeated on the same scanner to ensure accuracy and reproducibility.

REMEMBER TO BRING TO YOUR APPOINTMENT:

- Your Referral
- Medicare Card
- Concession/DVA card
- Any previous DEXA BMD scans

Please arrive 10 mins before your booked appointment time.

1. How Long will the scan take?

The scan takes approximately 20 minutes

2. Do I need to prepare for the scan?

No fasting is required for the scan. Medication should be taken as normal. It is helpful but not essential to wear clothing which is loose and free of metallic attachments such as buttons, zippers, buckles and fasteners.

You **MUST** notify the technologist if you are pregnant

3. Will the procedure be uncomfortable?

There are no injections, tunnels or confined spaces. You will be lying on a scanning table. You must be able to weight bear/stand to get onto the scanning table.

4. When will my doctor have the results?

The technologist will analyse the scan immediately and the results will be reported by a physician/radiologist.

The results will then be sent to your doctor either faxed or emailed within 24 hours or mailed which can take up to 7 days.

5. What if I am unable to make my appointment?

If for some reason you are unable to attend it is important you or someone else please contact us on **(03) 90416633** and we can reschedule at a time that is convenient.

**Suite 1/124-126 Camberwell Rd
Hawthorn East 3123
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